

Emergency first aid at work

(1 day course, previously called appointed person)

If your risk assessment indicates that first aid training covering emergency protocols only, is sufficient for your workplace, this one-day course will help you meet your regulatory requirements.

Who should attend?

This course is designed for people who want to receive training in emergency first aid and is especially suited for nominated first aiders in smaller, low risk working environments.

What you will learn?

The content of this course provides basic life saving first aid and workplace health and safety regulations, covering the following:

The role of the first aider	Fainting
Managing an emergency	Health and safety (first aid) regulations
Communication and casualty care	Resuscitation (adult CPR)
Bleeding (minor and severe)	Seizures (adult)
Burns	Shock
Choking (adult)	Unconscious casualty

Course duration

One day.

All successful candidates on this course get their first annual refresher training half price.

Assessment

Written assessment and continuous observation by the trainer.

Certification

Successful candidates will receive a certificate from the current provider, which is valid for three years.

Northern Ireland

First aid at work and Emergency first aid at work courses delivered in Northern Ireland are assessed using a final assessment of three practical scenarios. More information is provided in your joining instructions.