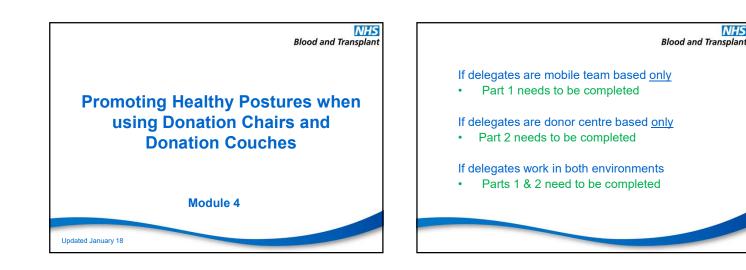
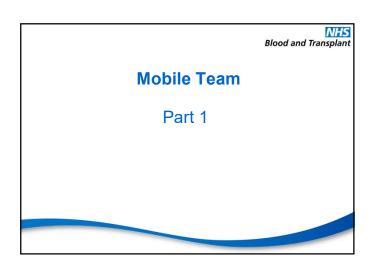
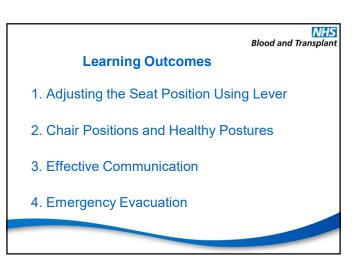
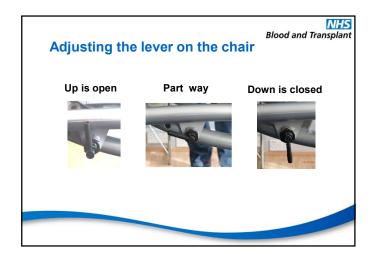
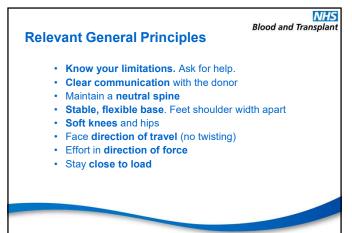
NHS











Communication: Key Words and Phrases

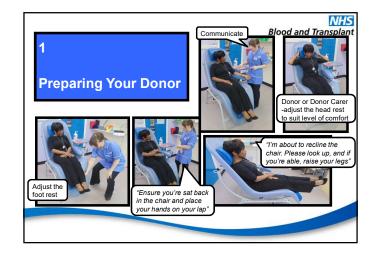
NHS Blood and Transplant

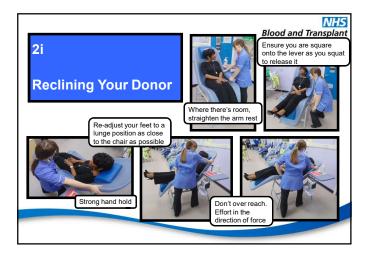
On recline, encourage the donor to:

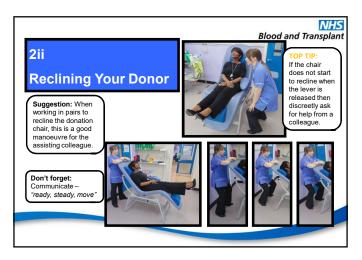
- Sit right back in the chair and put their head against the head rest
- Not to make any sudden movements during the process
- Keep hands on lap
- Look up to the ceiling
- Raise their legs if they are able to

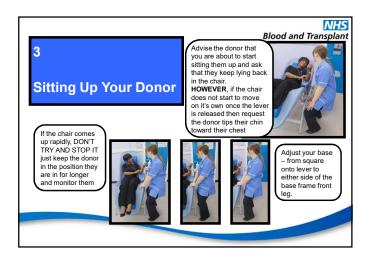
Assistance from colleagues:

- Assessing when this is required if the chair remains stationary once the lever has been released
- Agreeing with each other how you will communicate this

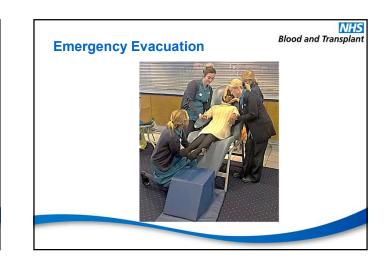


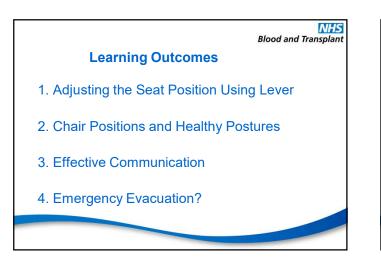








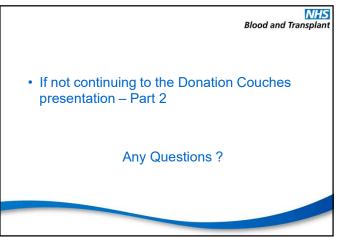


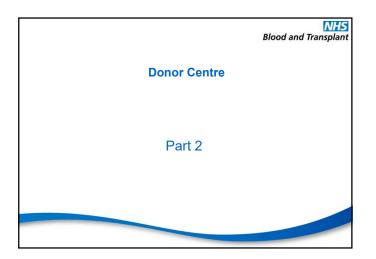


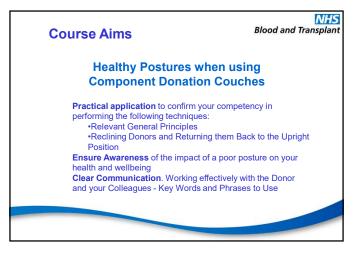
Reclining the Donation Chair Sitting the Donor Back Up and Communication

Time to practice these techniques together, acting as donor / member of staff and between colleagues where assistance is required to ensure the health and wellbeing of all. NHS

Blood and Transplant







NHS

NHS

Blood and Transplant

Relevant General Principles

NHS **Blood and Transplant**

- Know your limitations. Ask for help. •
- Clear communication with the donor •
- Maintain a neutral spine •
- Stable, flexible base. Feet shoulder width apart
- Soft knees and hips
- Face direction of travel (no twisting)
- Effort in direction of force
- · Stay close to load

Communication: **Key Words and Phrases**

- On recline, encourage the donor to:
- Sit right back in the chair and put their head against the head rest Not to make any sudden movements during the process
- Keep hands on lap
- Look up to the ceiling
- Raise their legs if they are able to

Assistance from colleagues:

- Assessing when this is required if the chair remains stationary once the lever has been released
- Agreeing with each other how you will communicate this



