



# Managing your money

## **Early intervention is the best way to prevent financial problems from escalating:**

- Prioritise your debts – Make sure you are prioritising those debts with the most serious consequences
- Take prompt action at every stage – The sooner you respond to developments the sooner the problem will be solved
- Follow a consistent and structured approach – Keep track of all documentation related to your debts.

**For more information on how manage debt visit:**

**[nhsbt.wellbeingzone.co.uk](http://nhsbt.wellbeingzone.co.uk)**

(Click “Sign Up” and use organisation code NHSBT1)