

Coaching Conversations

WHO IS THIS FOR

This module can be advantageous for anyone who has a desire to help others through coaching conversations.

STRUCTURE

eLearning

THE AIM OF THE PROGRAMME

Coaching Conversations can enable an environment of engagement, empowerment and proactive and innovative problem solving and decision making.

As coaching is all about personal one-to-one interaction, this on-line module has been developed so you can identify and understand some of the principles and processes of successful coaching conversations.

This module will not make you a proficient coach as ultimately you can only learn to coach by coaching others using the ideas presented here and developing them for yourself.

This module is your first step to having successful coaching conversations.

WHAT YOU WILL LEARN

By completing this module, you will be able to:

- Identify and understand the principles of coaching
- Understand how coaching can be used in the work context
- Be able to apply a simple model for coaching; GROW
- Know when and how to use coaching skills
- Be clear about the coach / coachee relationship.

HOW TO ACCESS THIS MODULE

You can access this eLearning [here](#)

Once you have completed this course and if you are a line manager; you may wish to undertake the **'3 day – Manager as Coach programme'**. Details can be accessed [here](#)

Location:

This is an online resource and will be available at a time that suits your needs.